

SEPT. 11, 2019

4:30 p.m. - 5:30 p.m.



**Coronado Community Center** 

150 Ponderosa Lane Hot Springs Village, AR

## INTERACTIVE COURSE DISCUSSING

- ◆ Adult Hands-Only CPR
- ◆ How to apply an AED
- ◆ What to expect when you call 9-1-1
- ◆ Changes to CPR since 2015 .
- ◆ Tips for remembering bystander CPR

The course will include hands-on practice doing chest compressions.

## WHO CAN ATTEND

- ◆ Boomers Rock Members Only
- ◆ RSVP required
- ◆ Seating is limited to 30 registrants

## COST

There is no charge to attend.

